

This book presents a unique scientific perspective on the nature of human thought, its production, transmission and interaction with matter. A conceptual framework is attempted to show how deep human thought, space, time, matter and Universal Consciousness are related. The nature of thought and mind control according to ancient Patanjali Yoga Darshan is explained in the light of modern brain research and cosmology. The book provides a beautiful blend of Indian philosophical thought and modern science.

Dr. Rajvanshi brings into these essays a deep scientific insight on the nature of human mind and shows how the cultivation of deep thought can help us on the path of spirituality so that we can live a happy and sustainable life. The essays also explore the relationship between spirituality, science and technology and show that they go hand in hand and are necessary for a sustainable and emotionally satisfying world.



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