

## FRONT COVER

# Nature of Human Thought

Essays on Mind, Matter,  
Spirituality and Technology

*Anil K Rajvanshi*

## BACK COVER

This book presents a unique scientific perspective on the nature of human thought, its production, transmission and interaction with matter. A conceptual framework is attempted to show how deep human thought, space, time, matter and Universal Consciousness are related. The nature of thought and mind control according to ancient Patanjali Yoga Darshan is explained in the light of modern brain research and cosmology. The book provides a beautiful blend of Indian philosophical thought and modern science.

Dr. Rajvanshi brings into these essays a deep scientific insight on the nature of human mind and shows how the cultivation of deep thought can help us on the path of spirituality so that we can live a happy and sustainable life. The essays also explore the relationship between spirituality, science and technology and show that they go hand in hand and are necessary for a sustainable and emotionally satisfying world.

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Anil K Rajvanshi is a Mechanical Engineer by profession. He received his Bachelor of Mechanical Engineering from IIT, Kanpur and his Ph.D. from University of Florida, Gainesville, USA. He and his wife Nandini Nimbkar (also a US - trained scientist) run a small science and technology based NGO called Nimbkar Agricultural Research Institute (NARI) in Phaltan - a small town in rural Maharashtra. He does research in the areas of renewable energy, rural and sustainable development, and spirituality and has written and published extensively on these issues both in national and international publications.



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