

Layers of Reality

[Anil K. Rajvanshi](#)

anilrajvanshi@gmail.com

All over the world, and in every civilization, large number of cases have been reported about ghost sightings, poltergeist incidents, production of materials from thin air, out of body experiences and other paranormal phenomena. Quite a large number of them can be thought of as trickery or sleight of hand-type events, but few of these phenomena have remained a mystery. Nevertheless all these cases point towards the possibility of reality or layers of them, which is beyond our level of perception and out of our four dimensional world.

So a curiosity arose regarding the nature of this reality and entities and what is the possible cause of their existence. This is the subject of this essay.

However a question can be asked as to why are we interested in knowing about these layers of reality and what benefit will it be to us especially when it does not affect majority of people ? Isn't ignorance bliss?

The primary reason is that humans have an inherently curious nature to know about unknown and gain knowledge. The second reason is that quite a number of people are fearful of the unknown and hence are influenced by *tantriks*, witch doctors etc. who claim to have control over these entities. Thus they spend huge amount of money on these *tantriks* or witch doctors who play on their fear and insecurities and in quite a number of cases these *tantriks* have destroyed the family life of people seeking their help. If people become aware of this reality and understand its cause and nature then their fears will be reduced.

And finally in some cases these entities influence the thought process of some people and in few cases have even changed the course of history of mankind. For example Koran was supposed to have been "dictated" by an entity archangel Gabriel to Mohammad. Similarly there are claims that Hitler, who was a mediocre soldier,

showed occasional brilliant war strategy guided by a shining being. It was also claimed that he was a medium for some of these entities.

Also some of the great ideas and inventions have come suddenly in the [dreams](#). Normally this is termed as power of prepared mind but in some cases the vivid dreams had people instructing the dreamers on the revolutionary idea. Similarly some of the great discoveries of mankind have come out of thin air as if the benevolent entities dictated them to humans who acted as their medium.

I feel that humans have always been used as an instrument or medium by these entities since this is possibly the only way for them to express themselves and physically manipulate events. Mahatma Gandhi spoke many times that he was an ordinary person but sometimes “truth” spoke through him and then he reached a level of super human being.

Hence it is in our interest to know a little bit about these entities and layers of reality.

Perception of reality

We can perceive these layers of reality by expanding our consciousness through a powerful brain. A powerful brain (or processor) is one which can focus and concentrate on a single thought for a long time. This process is called ‘Sanyam’ in [Patanjali Yoga](#). Such a powerful mind can process information from sensory inputs very effectively and hence becomes “hungry” for more information and experience. This is the basis of mind-expanding process.

One of the aspects of such a powerful and evolved brain is that it also becomes acutely aware of its surroundings. This happens partly because of the need for maximization of experience and hence the brain seeks ever-expanding spheres of experience. Thus it is able to expand its horizons to encompass our world, solar system and universe. This expansion also gives us a tremendous sense of peace, tranquility and perspective on our life. **This is the genesis of wisdom.**

Another reason for enhanced awareness is that a powerful brain also becomes an enhanced signal receiver and can easily get information and knowledge from external

sources including the [knowledge space \(KS\)](#). Knowledge space (as the name implies) is filled with knowledge both from present and past civilizations and this knowledge can be assessed by the prepared mind. This is akin to [cloud computing](#) in the cyberspace.

There are large numbers of instances of advanced Yogis, scientists and inventors who have discovered the universal truths by plucking them from the knowledge space. This requires preparation and tremendous concentration of the mind for a long time and is akin to [Sanyam of Patanjali Yoga](#).

Majority of ordinary people who are weighed down by mundane things and are caught up in overload of information, do not become aware of the higher reality. They are constantly reacting to the events around them and do not have time for themselves. Only when we sit still and think deeply that we start increasing our brain's processing power and become aware of higher reality.

Production of a huge human brain is still an evolutionary mystery. Its big size cannot be explained by the pressures of evolutionary forces alone. I feel that it developed so that we can understand the universe and become aware of the [Universal Consciousness](#).

This expansion of our horizons or yearning for Universal Consciousness gives us an awareness of reality and [life in different dimensions](#). Sage Patanjali has spoken about this reality in one of his shlokas where he says, "*When a Yogi is fairly advanced in his Sadhana he will be approached by celestial beings. The Yogi should be careful about such a contact and there should neither be attachment or surprise, for undesirable connections can occur again*". Interestingly Patanjali does not discuss the nature of these beings and what their attributes are. Nevertheless the yearning for [soul to get away from the influence of these entities](#) is eternal.

Many modern saints like Ramakrishna, Vivekanand and Aurobindo Ghosh have spoken about these entities and have always stressed that one should not get entangled with them. That these highly advanced Yogis spoke about them meant these entities exist.

Nature of entities

So what are these layers of reality? These could be energy packets in ghost forms and are differentiated into their layers of existence by the energy they possess. This is just like a quantum state of an electron in an atom where the electron energy level corresponds to various levels of its existence.

The higher energy level electrons are farthest from the nucleus whereas the lowest energy level ones are closest to it. Similarly the lower entities remain attached to the earth's gravity field and for their stability feed on the psychic energy of individuals. This could also be the basis of Shamanic rituals and religion. In fact the whole basis of "sacrifice" (both life and food) ritual and offerings to gods might have originated from this concept.

It is also possible that these ghost forms are strong memories of physical beings-both humans and animals and sometimes result when [unnatural deaths take place](#). When these psychic energy structures interact with humans and animals they are capable of influencing their minds and make them exhibit the latent tendencies of their past existence. Thus they can continue to "live" through the medium of other physical bodies and could be the basis of possessions that have been witnessed in all civilization since time immemorial. They get attached to those who "**will them**" and sometimes it is difficult to get rid of them.

Lots of *tantriks*, charlatans and so-called miracle 'god men' have close interaction and connections with some of these entities. These entities do their bidding but also demand their pound of flesh which is why most of these 'god men' fall pray to their own shenanigans and these spirits. Thus it is best to be always wary of such influences and to keep away from them.

How are these entities formed? It is possible that these entities are ghost structures which remain stable even after the physical body is dead. What is the nature of this structure, how it remains stable and what sustains it remains a mystery. It is also possible that the ghost form is a template of the physical being and [takes time to "dissolve" after the physical death](#) and this form somehow in some cases becomes

stable and is fed by the psychic energies. In Indian mythology this ghost form is sometimes called “*Sukshma shareer*” (subtle or ethereal body).

This is almost similar to Prigogine’s dissipative structure which remains stable because of the energy feeding it. One example of a dissipative structure is convection currents in a body of water heated from below. The heated water rises in the container and is replaced by the cold water from top and thus the convection current is developed. This convection structure exists as long as the container gets energy from the heat source. Similarly the ghost structure exists as long it feeds on psychic energy.

The higher energy entities loose lots of their negative attributes and are the benevolent gods that almost all religions talk about. Indian and other mythologies talk about many instances where great souls have come and “settled” on earth to help earthlings and it is said that they have remained ethereally on this planet. It is also possible that all these god-like entities are pulled on this earth by the active memories of the living beings. In Bhagwat Gita, Lord Krishna tells Arjun that he will come to earth and will be born again and again whenever there is *Adharma*.

Similarly all great heroes, yogis and enlightened human beings after their death reach the status of gods since they are actively remembered by humans. The continuous remembrance by large number of humans creates a stable structure for that god entity.

The best way for us not to be involved with the lower entities is to never ask them for any favors. Majority of humans want a magic wand to get over their fears and insecurities and hence become an easy prey to *tantriks*, soothsayers, etc. If we actively work as *karma yogis* on our insecurities then we do not need the help of these entities.

We should certainly remember the higher energy entities and the benevolent gods but we should ask them for favors of vivek, wisdom, better minds and how we can help in the betterment of mankind and not for mundane and petty personal favors.

The awareness of higher dimensional space and reality can also make us fearless and remove our [fear of death](#) since death is a simple transition between various forms and dimensions. This is also the lesson of Gita. With fearlessness comes the ability to do new things and follow uncharted paths which can give us a quantum jump in our spiritual and technological developments and understanding of natural forces.

[HOME](#)

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